***MESSAGES FROM ARCHANGEL MICHAEL \* LM-6-2011***

***TRANSMITTED THROUGH RONNA***

***A LIGHT EPIDEMIC IS SWEEPING THE EARTH***

Beloved masters, ***there is a Light epidemic whereby every person on Earth is being bombarded by the refined frequencies of God Light; however, each person can only absorb and integrate the frequencies of Light that their physical vessels can accommodate. You must be able to metabolize the God Light in order to benefit from it and make use of it.***

**R*emember this term***: ***MEMBRANES OF LIGHT,*** for it is important that this concept is clearly defined within your mind. There were membranes of Light placed across your memory when you began your journey into the illusionary realities of the third / fourth dimensions. There were membranes of Light placed at the entryway to your Sacred Mind and your Sacred Heart. There was / is a membrane of Light surrounding your Third Eye / your inner sight. When your Higher Self determines it is time for your Third Eye to open, it will be as if you received a surge of Sacred energy upon your brow. These specialized frequencies open the Seed Crystals of Light within the Pineal Gland, which initiates the ability for telepathic communication.

Most of you have heard of the ***Ring-Pass-Not***, a thin **Membrane of Light Radiation,** which encircled the planet. It was a restrictive quarantine of sorts which was gradually dissolved from the Earth’s atmosphere, and the Cosmic information flood gates were flung open so that the next level of ***Cosmic Wisdom*** could pour forth to a select group of ***World Servers*** / ***Cosmic Messengers. Everyone if these brave Souls*** have, for many lifetimes, been in an intense preparatory stage in the higher realms.. This intense training period was necessary in order to bring forth these advanced teachings in an accurate, orderly and timely method. It is ***Cosmic Law*** that you must integrate and experience each level of new truth in order to move to the next, more advanced level. ***It is a unique and specialized path of initiation***. The Ascended Masters of the ***Cosmic Council of Light*** do not openly teach in public. They work entirely through their disciples and initiates, mostly by conveying inspiration. Initiates work on the mental levels, also mostly behind the scenes. ***However, a select group are actively teaching out in the world, for inspiring others to become World Servers is their most important task.***

Those of you who have steadfastly followed the Path that was designed for you are quickly coming to a state of completion for the particular stage of **en-Lighten-ment** you have been in for the past ten years. When you attain true Self-mastery, your thoughts and words will become harmless, for criticism and negativity cannot dwell in the Light of love and truth. Service is an intrinsic impulse of the Soul-self, just as desire is the major impulse of the ego.

Your transition from the impulses or nudgings of the emotional, ego-desire body to the inspirational thoughts of the Soul and the Higher Self, have mostly been accomplished. Your focus has moved toward ***group consciousness*** and how to serve humanity. You are also well on your way in the transition from I / me / my selfish interests to a we / our unity consciousness*.* The intuitive thoughts you receive and the guidance from your guides, angelic helpers and Higher Self become stronger as you integrate more pure God Light. Your personal reality expands from a small-world focus of a me / my consciousness to an expanded consciousness which includes the world, the solar system and beyond. No longer do you respond to painful events in life as ***fateful or punishment****,* for you realize they are ***challenges*** and ***opportunities*** for growth.

You are swiftly moving out of the energy vortex, or collective consciousness band of thought forms created by humanity, for it is a vortex of violent activity. Ascension is a process whereby you consciously move forward into higher and higher levels of the energy / vibrational fields of your \*OverSouls; forever moving forward into more rarified fields of Divine Energy called the higher dimensions.

***(\*OverSouls / same as your many Higher Selves*) RH.**

Your Soul is aware of the imbalances you brought forth from the past and also those you have created in this lifetime. It will do everything possible to bring these imbalances to your attention so you can rectify the imperfections and develop harmonious attunement with the next level of your Higher Self. ***That is the Soul’s main purpose for being.*** Your Soul and Higher Selves will also make every effort to raise your vibrational frequencies and to harmonize the fluctuating energies of the emotional and mental bodies. As you progress on the Path and begin to tap into the higher vibrational patterns of Light, you will experience the effects of the intensity of the ***frequencies of Cosmic Sacred Fire / heat.* You will be affected by the fiery forces of Creation in three ways: *Fire by Friction: Fire of Body \*\* Solar Fire: Fire of Soul \*\*Electromagnetic Fire: Fire of Spirit.***

Eventually, you will learn to recognize the source of the frequency patterns of the various Beings of Light that you are to work with. You will also be able to differentiate between the subtle forces and the Rays. You must strive to become a ***Divine observer*** and a master of detachment.

**You know who you are, we do not have to tell you. We ask you to steadfastly maintain your Center of Power within your Sacred Heart as you are drawn into the higher levels of World Service.** As you move deeper and deeper into the realm of the Ascended Masters, your chosen path of service should become easier–almost effortless. Your major challenges and tests are behind you as you draw greater amounts of God Light to you. The warring factions within will slowly release their hold on you as they submit to the transformative vibrations of Love. My brave warriors of peace, as your Light shines brighter out into the world, you must be vigilant so that you will do nothing which will make you a focal point for negative vibrational forces. You are learning to be a director of the Higher Forces. As you refine your skills of Self-mastery, you will learn to identify the quality and force of all energyaround you

In every era and major cycle, Cosmic Wisdom and Divine Truth are made available to those with open minds and loving hearts. It is time for an understanding of where humankind stands on the ladder of evolution. Each person must gain the knowledge of and have a desire to fulfill his / her personal destiny*.*

***You must understand where and how you fit within the group dynamics.***

***1. First, you will become what is called an aspirant on the Path.***

***2. After you achieve a certain amount of balance and harmony within, and have gained access to your Sacred Mind and Sacred Heart, you become an Initiate on the Path.***

***3. After the first level of Self-awareness is reached, you become a disciple / Light worker. (In the past, this journey into Soul-awareness was described as moving through the levels of initiation. This term no longer applies).***

***4. Eventually, the time arrives when you have successfully dissolved the membranes of Light which guard the entrance to your Sacred Heart and Sacred Mind. As you refine your Energetic Signature and your Soul Song, you will elevate your capacity to quickly turn information / knowledge into wisdom (integrating and practicing the higher wisdom truths you have accepted as your own), so that you may move from the Hall of Learning into the Hall of Wisdom of the higher Mental plane. By this time, you are well on your way to becoming a Self-master and you are ready to become a World Server.***

***FOR ALL OF YOU ON THE PATH,*** your major goal at this time is to return the vibrational patterns, which make up your personal world in the third- / fourth-dimensional reality, to the originally designed ***Spectrum\**** of Light and shadow. By doing so, your pendulum of consciousness will not swing so radically from positive to negative and your mental and emotional natures will once more become stabilized and centered. ***This is an important step in learning to live centered within your Sacred Heart and Sacred Mind***. ***A disciple on the Path of en-Lighten-ment must strive for heart-centered detachment and wise discernment.***

(**\*Spectrum - noun (pl. spectra) 1. A band of colors produced by separation of the components of Light by their different degrees of refraction, e.g. in a rainbow. 2. The entire range of wavelengths of electromagnetic radiation. 3.The components of a sound or other phenomenon arranged according to frequency, energy). RH**

In the unawakened person, more choices are made unconsciously than through intelligent awareness. It is as if they are in a semi-conscious state of awareness. The initial phase of becoming a Self-aware person is to realize that he/she is not consciously awake. This begins the process of striving to awaken to the nudgings of the Soul-self, for this is an intrinsic part of becoming spiritually aware and a master of Self.

When you succumb to irritation and respond in loud, angry words or thoughts, you are using astral energy that is contaminating to the auric field. Continued use will build a negative thought form that must eventually be resolved/dissolved via the Law of the Circle. Envision your negative thought forms adding another stone or brick to your emotional prison. Remember: you are composed of units of energy, which create your Energetic Signature, and ultimately your Soul Song. You must learn to control your thoughts and focus your power. Your thoughts will increase in strength according to the intensity and repetition of your Seed Thoughts. Dear hearts learn to focus on the highest and best attributes of people and conditions within your inner circle of Light–this is one of the most important aspects of creating your personal fifth-dimensional environment.

***The language of the unconscious and subconscious minds is primarily imagery. The refinement of the subconscious and conscious minds and attunement to the Superconscious mind are greatly speeded up by the deliberate practice and perfecting of the imagery and visualization skills.***

The Soul needs a vehicle of expression on the physical plane in order to bring forth the power and magnificence of Creation. You must rise above and shelter yourself from the emotional chaos of the mass consciousness existence; however, you must also function efficiently among the masses, and spread your Light as you go about daily life. You cannot live in a detached world and forsake the material world in order to attain ***en-Lighten-ment***. Becoming an unrealistic, vague mystic serves no one. The introspective, inward-focused meditative practices of the Eastern philosophies are being joined with the creative, outward-focused practices of the Western world.

In a third- / fourth-dimensional environment, your mental body is prone to projecting into the future, which creates fear and uncertainty. The emotional body is always replaying the events of the past, some fond memories, but mostly reliving experiences of failure or pain. The present moment is hardly registered at all unless there is some positive or negative drama involved.

You must strive for a strong, highly-developed connection between the mental and emotional bodies, and also between the Soul and Higher Self in order to develop refined spiritual values. As you tap into the higher frequencies of Divine Wisdom, brilliant ideas pour forth from the higher planes of intuition. You may experience exhilaration one moment and depression the next as you gradually achieve a blissful state of awareness, only to lose it again. However, the times of depression will grow less intense and also less frequent. Be assured that your ego desire body will rebel and resist the efforts of the Soul and the Higher Self, and will try to keep you in your habitual practices/habits of serving only***the little self*** and its ***selfish desires*.** You must tap into the realm of the Sacred Mind and learn spiritual discernment. You must constantly monitor and critique your words, deeds and motives as you train yourself and gain discipline over the ***little self****.* ***Remember: ALL knowledge is a form of Light****.*

You must strive to understand your role and purpose for this lifetime. You must turn inward in order to understand who you really are, why you act and react the way you do and how to tap into your greatest talent and potential abilities. This should be your major goal at this time. ***Reflection, contemplation*** and ***active meditation*** will unlock the mystery of your true Self, and what your major goals are for this lifetime.

You are an energy center, a receptacle / physical body which contains a measure of pure Creator Essence. You are responsible for integrating and using the Light Energy you need to empower yourself and you must then send forth the balance out into the world, for the benefit of all.

Submission to your Divine Mission and to Cosmic Law means adherence to all Universal Laws as they are revealed to you. Walking the path of ascension requires a constant effort to make the highest choices for the greatest good, with an intense desire to serve. You must take responsibility for all actions and the energy you qualify, whether positive or negative, for it will return to you via the Law of the Circle.

***Your present earthly goal is to become a World Server, and the quickest way to attain this level of Self-mastery is to stimulate the flame of God Power within. Self-mastery is attained in small increments, not giant leaps.***

Dear hearts no matter the level of Spiritual / Self-awareness you have attained, we encourage you to make the Path to higher awareness a priority in your life. The world and the reality you have lived and experienced in the past is swiftly changing. You have a golden opportunity to join the ranks of those who are creating a bright new world for themselves and their loved ones. You also have the right to remain in the negative environment of the lower world of reality that is swiftly being cleansed, cleared and modified, thus creating the chaos and monumental changes the masses and the Earth are now experiencing. Which will you choose? Whatever your choice, we will guide and protect you to the limits of Cosmic Law, and we will always love you beyond measure. I AM Archangel Michael.

*\*****\*TRANSMITTED THROUGH RONNA HERMAN \* STAR \* QUEST \****

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Hello, dear hearts, our flights home were smooth and uneventful. I more or less crashed after I got home, along with a severe cleansing intestinal episode that kept me busy, along with a painful bladder problem. I have been running a fever for a couple of day and have not been able to keep any food down. I know I am in the process of releasing a lot of deep-seated energy from my life in Birmingham, and I am more than willing to see it through. I knew when our flights were cancelled on Wednesday, and we spent most of the day trying to get reservations, that it was going to result in quite a test to get to Atlanta. We would not have accomplished if Dan, our champion/ Letitia’s husband, an AA Pilot, had not called the chief pilot's office and asked for assistance. Cindy, Letitia and I were up at 3 am on Wednesday and did not get to bed until after 3 am on Thursday. It was a nightmare from Dallas to Atlanta resulting in less than three hours sleep again. Big Mike kept my energy level up, as usual, however, it was a strain for me during some of the rest of the weekend. I knew that we were being catapulted into a 3/4 D environment - and under the circumstances, we weathered it very well.

I will give you a report next month; however, I will tell you it was an incredible experience. We truly did create a fifth-dimensional environment, one which I know each of you who joined us in the special Soul Guild Pyramid, will take with you as you embark on your many spiritual journeys. I will always be with you in Spirit.

I was totally overwhelmed by Tyberonn’s beautiful heart-felt presentation of my life. Tyb, it was so loving and kind of you and I will always cherish the beautiful soaring eagle statue. You have been the wind beneath my wings many times. I wish for everyone to know that you and Randy are my strength and my champions as I go through these next challenging years. I could not complete my mission without you. I feel we have brought a very deep and painful thought form of the past to a closure and, at last, the residual negative thought forms are healed and at peace, ready to move into the Light of the future. Randy thanks for always being there at my side and for giving me your strong arm to hold on to. Eternal love and angel blessings to you, our Soul family. We will always be connected with each other via our Soul Song . Ronna