***MESSAGE FROM ARCHANGEL MICHAEL \* LM-9-2019 (SJE- October)***

***TRANSMITTED THROUGH RONNA / SACRED SCRIBE***

***THE JOURNEY OF THE SOUL***

Beloved masters, we have told you that ***“You are the Inbreath of the Creator.”*** These are unprecedented times, whereby you have the potential to resolve all past karmic issues, to move into harmony with your vaster Being, and to be an integral part of our Father/Mother God’s plan for the expansion of this Sub-universe. Are you ready, once and for all, to let go of all the old restrictions, beliefs and limitations that are keeping you from moving out of the quagmire of pain, lack and suffering? Will you allow your mind and heart to open to the higher wisdom of your Soul and Spirit? The ethers, or higher vibrational fields of consciousness, are filled with vast potential just waiting to be molded into your greatest dreams and desires.

Once again, we will review some of our teachings from the past to assist you to understand the complex ***Journey of the Soul*** every human Being is in the midst of, whether it be at an entry level of awareness or as an advanced Self-master on the Path. There comes a time when the Soul has reached the furthermost point of Its experience in separation, fragmentation of Self and the co-cocreative process within the lower physical realms. The Soul entity is then ready to begin the process of “***reunification and integration”*** for the current ***cosmic round of Creation***. The Soul-Self is gradually infused with a Divine discontent which slowly filters into the consciousness of the human mind. Hopefully, that is when the human entity begins to turn inward, to tame the ego personality and reconnect with the Soul, the resident OverSoul/Higher-Self, as well as with the multiple Facets of Its greater Self.

Humanity is in the midst of a ***mass awakening.*** A transformation of mass proportions has begun, which involves a global, galactic and Sub-Universal reunion – the beginning of an ascension into a heightened state of Creator/Spirit-infused consciousness. At a cosmic level, the Supreme Creator is now sending down the radiance of itself via the Great Central Suns, which is being filtered down upon Earth in great bursts of Cosmic White Fire Essence of Life, through the Sacred Heart Core of our Father/Mother God, by way of the Sun of this solar system.

***Your Higher OverSoul-Self could be described as an etheric White Fire Memory Seed Atom of pulsating Life Force energy, which is composed of many smaller Seed Atoms containing your Divine Blueprint for this Sub-Universe. The portion of your Soul-Self that you have embodied (according to your energetic signature) resides within the Sacred Heart, along with your multi-faceted Diamond Core God Cell***.

Your Diamond Core God Cell contains the Twelve Rays of God Consciousness for this Sub-Universe: the virtues, qualities, aspects and talents that you are seeking to activate once more so that you may become the proficient cocreator that you were designed to be on the material planes of consciousness. The Soul may be only a small Spark /Facet of Life within the heart area of those who are still ensnared in the illusion of the lower Dimensions. However, as it blooms and blossoms into its full dynamic power, it expands and becomes the “Solar Heart Center,” which encompasses the solar plexus, the heart, and the thymus and throat area. In the past it was called the ***Three-Fold Flame,*** and the heart has been called the ***Seat of the Soul***. The Soul communicates to you via both your emotional and your mental bodies: the emotions through the heart center, and with the mind via the pineal gland, thereby igniting the Seed Packets of Light Wisdom stored within the higher vibrational portions of the brain called the ***“Sacred*** ***Mind***.” When the connection is complete, the physical vessel begins to reap the rewards by way of better health and vitality, as well as a deeper connection with your Body Elemental.

We tell you empathetically that you cannot become a ***lost Soul*** or lose your connection with the Creator. You may lose your way, and you may become diminished in Creator Light, but your Soul is immortal and can never be lost or destroyed. You ***save*** yourself from pain, suffering and the illusion of being disconnected from the Creator through the integration of your Soul, the multiple Facets of your Higher-Self, and your personal God Ray. The mass consciousness belief structure of the past is slowly being replaced with ***Lighter***, ***more refined and liberating thought forms of the new Divine Plan.*** It is important that you understand that there are many levels on the spiral of ascension – it is never-ending – as Creation ebbs, flows and evolves.

At a cosmic or Omniversal level, you are ***Spirit*,** a Facet or a White Fire Memory Seed Atom of Divine Essence sent forth from the heart core of the Supreme Creator. At that level, you are fully conscious of who you are and of your connection with the Supreme Creator; you are aware of and know your “I AM” identity.

At the Universal and Sub-universal levels, you are a Divine cocreator, once more sent forth on a great refracted Ray of Light to manifest ***worlds without end*** in the name of our Father/Mother God. You are aware of the overall Divine plan for this Sub-universe and the part you are to play in it; however, you may or may not remember your origins or identity at a cosmic level.

As Spirit, which we call your “***God Ray***,” you are a great Being of Light who also sent forth Facets or sub-rays of yourself, leaving ***OverSouls*** or parts of your ***Essence*** in different dimensions, galaxies, star systems and worlds throughout this Sub-Universe. In turn, each of these great OverSouls also sent forth Sparks or Soul Fragments of their Essence.

The ***current you***, now incarnated in a physical body on planet Earth, is one of those ***Soul Sparks*** who agreed to journey forth into the unknown void, to create diverse worlds, to inhabit them, and then to experience what you helped to create so that your unique experiences can be incorporated into the universal consciousness and ultimately into the Cosmic Mind.

When your physical vessel was first created, the Etheric Body sent forth billions of tiny Elemental Sparks throughout the bodily form. These ***Elemental Sparks*** were programmed to convey the Adamantine Particles of Light (the gift of life) to all the different parts of the body: the organs, the blood stream, muscles, tissue and bone structure (much as the Nature Elementals transmit the Adamantine Particles of Sun Light to all of the Nature Kingdom, and any Facets of Creation which are ***not ensouled with a Sacred Seed Atom of Creator Consciousness)***.

The master teachers of the past often made reference to the ***Human Body Elemental*** and the ***Etheric Body*** or ***Etheric Web***. The deep, esoteric teachings of the past were often written so that only the most advanced students on the Path could decipher the true meaning of the lessons. It is time that those teachings are revealed, upgraded and simplified so that all serious Souls on the Path of ascension can understand, and then gradually integrate them in order to expand their conscious awareness. Gaining the advanced knowledge and then integrating the wisdom from the universal teachings of the higher realms are vital components in the process of ascension.

The ancient teachings state that your physical bodies were originally created from etheric substance. You first came to Earth in your radiant crystalline form, and gradually over many ages you developed your beautiful physical body from the Adam/Eve Kadmon Divine Blueprint for this Sub-universe. ***The distortions began as you sank into the density of the lower Fourth and the higher sub-levels of the Third Dimensions. The ego desire body gradually took control of the mental and emotional bodies, thereafter, in each lifetime less and less of your OverSoul consciousness embodied in your Diamond Core God Cell within your Sacred Heart. That process is now being reversed.***

***In addition to the four recognized elements – fire, water, earth and air – ether is said to be the fifth element, thus comes the term “etheric.”*** The Etheric Body or Etheric Web, which is much finer in substance than the earthly body, refers to the invisible counterpart of the physical body. It holds the blueprint for your three lower-physical bodies (physical, mental and emotional). It is sometimes called the ***“memory body,”*** for it sustains and vitalizes the material form. It is susceptible to your thoughts and emotions, both positive and negative. Disease or debilitation occurs first in the Etheric Body and then gradually infiltrates into the physical vessel. The Etheric Body sustains and vitalizes the components of the physical body, and it controls the digestive and assimilation processes. It also repairs the damage in the physical body caused by the ***wear and tear*** of living in the Third- / Fourth-Dimensional density.

There was a failsafe program encoded within the Etheric Body so that when you sank so deeply into the density, and you were nearly to the point of self-destruction, your Body Elemental Memory Seed Atoms went into a semi-dormant state – they have remained in that state for thousands of years. Just as you are awakening to your true nature and your Divine state of Being, so is your Body Elemental consciousness. It is gradually beginning to respond to your positive affirmations and the higher frequencies of Light you are integrating.

***It is vitally important that you understand that there are subatomic dark crystals throughout the bodily form of everyone who resonates to the lower frequency thought forms. These crystals are packed with negative waste material created and recreated over many lifetimes, some of which are inherited negative patterns that you brought with you into the physical form to heal.***

Thesubconscious mind – your subjective mind – is part of the ***Etheric Body consciousness,*** and it records and stores everything you experience, what you see, hear, think and feel emotionally. The subconscious mind takes everything literally, and it does not matter if you have experienced an event or just imagined it vividly, the subconscious mind registers it as fact. That is why it is so important to change negative, debilitating, past memories into positive memories. Your thoughts and intentions resonate to specific frequencies, and by changing the frequency patterns you project through the use of will power and conscious effort, you will gradually create the life, physical health and circumstances you desire.

You will become aware of your physical body consciousness as your Body Elemental wakes up, so to speak, and begins to work harmoniously with you to gradually correct all the miscreation’s you have created in your bodily form due to erroneous thoughts. Over time, you will gradually become more sensitive to your Body Elemental’s signals. Your body cells are all conscious to one degree or another. Some are disharmonious and create chaos and discomfort within, while others resonate in harmony, thereby vibrating at a higher frequency and conveying a sense of balance and well-being. Metabolizing Light is an important, intricate process that is necessary for your ***well-being***. You might say that you have been on a starvation diet of half-spectrum God Light. ***Your trillions of bodily cells must relearn how to recognize and utilize Light as a vital energy source.***

***The reality of the senses or physical body consciousness:*** When you are in the flow of Spirit, you will exist very lightly in your body, often with no pain or discomfort. You may experience some diminished bodily sensations, except within the Solar Power Center and especially within the deep Sacred Heart area, where you will gradually begin to feel loving bliss and joy as they blaze forth from our Mother/Father God. More and more frequently you will experience a great sense of well-being, harmony and peace.

***Brave hearts, we ask you to study what we have revealed to you over the years, and to endeavor to get the universal schematic we have created firmly established within your mind so that you will be able to understand and implement the next phase of the wondrous cosmic events which are unfolding before your eyes.***

**\* YOUR GOAL IS TO INTEGRATE THE HIGHER MENTAL BODY, WHICH IS YOUR EN-LIGHTEN-ED HIGHER SELF FOR THIS ROUND OF EVOLUTION.**

**\* IN ORDER TO ACCOMPLISH THIS, YOU MUST BRING THE EGO DESIRE BODY INTO ALIGNMENT WITH YOUR SOUL’S DESIRES.**

**\* YOU CAN USE FORCE AND RESIST OR YOU CAN TAP INTO THE TRANSFORMING POWER OF LOVE.**

**\* STRIVE TO TAP INTO THE WILL-POWER OF SELF-MASTERY, WHICH IS THE COMBINED WISDOM OF YOUR SACRED HEART, SACRED MIND AND YOUR OVERSOUL / HIGHER SELF.**

**\* SPIRIT WITHOUT MATTER IS MOTIONLESS. MATTER WITHOUT SPIRIT IS LIFELESS.**

**\* YOU ARE PASSING FROM A TIME-ORIENTED. LINEAR WORLD INTO A TIMELESS, FLUID REALITY.**

My brave ones, we know there can be much pain, discomfort and fear as you move through these accelerated processes which are causing the dramatic changes now taking place throughout your world. Know that together we will overcome all adversity. Our mission is to open the way for any dear Soul who expresses a desire to return to harmony. Know that each of you is making a difference. When you doubt, need inspiration or strength, come into your ***personal, etheric pyramid of Light in the Fifth-Dimension***, and we will give you courage, lift you up and inspire you. When you feel lonely or unloved, move into your Sacred Heart center, and we will be waiting there to fill you with the radiant love of our Mother/Father God. I Am Archangel Michael.

**Transmitted through Ronna Vezane / Sacred Scribe \*STAR\*QUEST\***

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